

## REGISTRATION FORM

Name \_\_\_\_\_

Address \_\_\_\_\_

Name for Badge \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Signature \_\_\_\_\_

### A. Friday Dinner

\$40 Each (indicate number of persons)

### B. Conference Registration Early Bird Rate

(Register by October 12, 2018)

\$110 Professional—AAPC & WPCA Member

\$120 Professional—AAPC & WPCA Non-Member

\$40 Student

Participate via webinar—\$50 per connection

### Conference Registration Regular Rate (after October 12th)

\$125 Professional—AAPC & WPCA Member

\$150 Professional—AAPC & WPCA Non-Member

\$60 Student

Participate via webinar—\$50 per connection

### C. Student Scholarship Donation (optional)

\$40

### Total Amount Enclosed or To Be Billed to Your Credit Card :

(Add A, B & C): \$ \_\_\_\_\_

Make checks payable to AAPC or  
charge online at [www.aapcnwregion.org](http://www.aapcnwregion.org)

Mail checks to AAPC-NW, 3000 S. Jamaica Ct., Ste 145, Aurora, CO 80014

After **November 7**, registrations will only be accepted by check on-site. **October 19** is the last date to cancel and receive a 100% refund of registration and Friday night meal. For any questions call **Carla Pearson, 303-973-8010 x114** or email [Carla@jmsamp.com](mailto:Carla@jmsamp.com)

**LUNCH &  
REFRESHMENTS  
PROVIDED**



3000 S. Jamaica Ct, Suite 145  
Aurora, CO 80014



## Evidence-Based Spiritually Integrated Care of Moral Injury and Moral Stress

**November 9–10, 2018**

**Keynote Speaker: Carrie Doehring, Ph.D.**  
Professor of Pastoral Care and Counseling,  
Psychologist, Iliff School of Theology  
and Denver University

Approved for 6 Continuing Education hour credits  
Social Workers • Psychologists •  
Licensed Marriage & Family Therapists and  
National Board for Certified Counselors

Faculty and students:  
**Register now at [aapcnwregion.org](http://aapcnwregion.org)**

### MEETING LOCATION

**The Inn at Gig Harbor**  
3211 56th Street NW  
Gig Harbor, WA 98335

Visit <http://www.innatgigharbor.com> or call  
1-800-795-9980 to make reservations  
Rates: Standard Rooms \$149.00, Suites \$179.00

# 2018 FALL CONFERENCE

## Evidence-Based Spiritually Integrated Care of Moral Injury and Moral Stress

Moral injury has recently been researched with military personnel and veterans whose suffering arises not from the fear of life-threatening events but from the shame and guilt of causing harm. Moral stress was first described by healthcare professionals worried about not providing adequate care that addressed the moral stress and injury arising from the shame and fear of causing harm through not putting core values into practice, like protecting life. Negative health outcomes arise for those who do not get specific help with religious, spiritual and moral struggles.

This workshop provides an intercultural, evidence-based approach to spiritual care of moral injury and stress drawing upon research on spiritual struggles, moral injury, spiritual integration and wholeness. It aims to help clients find intrinsically meaningful spiritual practices that can shift them from (1) the shame of moral injury/stress into embodied self-compassion and goodness, and from (2) life limiting shame-based values and beliefs around suffering to life giving compassion-based values and beliefs.

Approved for 6 CE by Commonwealth Education Seminars and National Board for Certified Counselors

See website for full CE information at:  
[www.aapcnwregion.org](http://www.aapcnwregion.org)



### FRIDAY, NOVEMBER 9, 2018

12:30 – 1:00pm	<b>REGISTRATION</b> Hors d'oeuvres Reception
1:00 – 3:00pm	<b>Welcome</b>
3:00 – 4:00pm	<b>Business Meeting</b>
4:00 – 5:00pm	<b>Meditation</b>
5:00 – 6:00pm	<b>Dinner</b>
6:00 – 7:30pm	<b>Case Consultation</b>
7:30 – 9:00pm	<b>Community Gathering</b>

### SATURDAY, NOVEMBER 10, 2018

9:00 – 9:30am	<b>REGISTRATION</b>
---------------	---------------------

#### SESSION 1 (2 CE's): Evidence-based intercultural behavioral health care that promotes spiritual wholeness and integration

At the end of session one, mental health professionals will be able to:

1. Describe an evidence-based understanding of spiritual wholeness and integration in behavioral health care.
2. Identify the four markers of spiritual integration in behavioral health care.
3. Describe the two key ingredients of an intercultural approach to spiritually integrated behavioral health care: (1) finding spiritual practices that foster an embodied self-compassion for behavioral health clients and (2) co-creating with behavioral health clients values and beliefs about suffering grounded in experiences of embodied self-compassion and relational goodness.

**Lunch: 11:30 AM – 12:30 PM**

#### SESSION 2 (2 CE's): Understanding the moral injury and stress of behavioral health clients

At the end of session two, mental health professionals will be able to:

1. Define moral injury and stress and distinguish these from traumatic injury and stress in behavioral health clients.
2. Describe research findings on the role of spiritual struggles/resources in alleviating or exacerbating the moral injury and post-traumatic stress of behavioral health clients.
3. Highlight how an evidence-based intercultural approach can promote spiritual integration of moral injury and stress with behavioral health clients.

**Break: 2:30 PM – 2:45PM**

#### SESSION 3 (2 CE's): Applying an evidence-based intercultural approach to moral stress and injury with behavioral health clients

At the end of session three, mental health professionals will be able to:

1. Understand the ways that negative moral emotions like shame, guilt, and fear of causing harm generate a life limiting (embedded) spiritual orientation for behavioral health clients to experiences of moral stress and injury that are reinforced by family and cultural values that are sexist, heterosexist, racist, classist, and ableist.
2. Understand how spiritual practices that help behavioral health clients experience self-compassion and goodness in their bodies reveal the often embedded life-limiting shame-based values and beliefs about moral injury and stress experienced within their bodies and automatic stress responses.
3. Through case study and self reflections, understand how to co-create intentional values and beliefs with behavioral health clients about experiences of moral stress and injury that are life-giving and complex enough to bear the weight of such suffering.

**Closing: 4:45 PM – 5:00PM**



#### Keynote Speaker: Carrie Doehring, Ph.D.

Carrie Doehring is Professor of Pastoral Care at Iliff School of Theology and in the joint Ph.D. program with Denver University. She directs the Masters of Arts in Pastoral and Spiritual Care and the course provider program on military ministry. She is ordained in the Presbyterian Church, USA and licensed psychologist in Colorado and Massachusetts, as well as a Diplomate in AAPC. She is the author of 38 chapters and articles and three books. She explores how people draw upon religious faith and spirituality to cope with experiences like trauma, moral stress, and prejudice.